Start Sailing 1

		Harry Aplin	Oliver Bennett	Kaitlyn Broad	Sonny Davies	Malte Gehmann	Freya Hamilton	Isabella Hall	Tom Hannigan	Sasha Hanson	Finley Hatch	Emma Hills	Jasper Mayne	Finn McFarlane	Hannah Mills	Alice Mitchell	Gregor Norster	Josh Parker	Jacob Picken	Jim Scott	Lerryn Willcox
PRACTICAL	**Rigging**																				
	Has wind awareness ashore			X			X		X						X	X		X			
	Knows names - of spars						X								X						
	rigging						X								X				/		
	parts of sails						X								X						
	sail controls				/		X								X		/		/		
	foils				/		X								X		/		/		
	Ropework																				
	figure of 8			X					X		X	X	X		X	X		X	/		
	round turn x 2 half-hitches			X					X		X	X	X		X	X		X			
	secure a rope to a cleat			X					X		X	X	X		X	X		X			
	Sailing techniques																				
	Has wind awareness afloat			X					X		/				X	X		X			
	reaching	/		/	/	/			/		/				X	/		/			
	Stopping - hove-to			X			/		X	/	/				X	X		X			
	controlling speed	/		X	/				X	/	X				X	X		X			
	getting out of irons								/		/				/						
	tacking	/		X	/	/			X		/				X	X		/			
	Sailing upwind			/	/	/			/		/				X	X		/			
	5 Essentials Sail setting	/		/					/		/				X	X		/			
	Balance			/					/		/				X	X		/			
	Trim			/					/		/				X	X		/			
	Centreboard			/					/		/				X	X		/			
	Course made good			/					/		/				X	X		/			
	Sailing downwind			/					/		/				X	X		/			
	gybing			/					/		/				X	X		/			
	Communication (2- handers)										/				X	X					
	Basic capsize recovery			X	X	X		X	X		/	X			X	X	X	X	X		X
	Launch and recovery																				
	Secure the boat on the trolley			/					/		X				X	X		/			
	Wheel boat about yard safely			/					/		X				X	X		/			
	Launch & leave the shore			/					/		X				X	X		/			
	Land & recover the boat			/					/		X				X	X		/			
THOERY	**Sailing theory & background**																				
	Clothing & buoyancy			/											/						
	Has awareness of other water users																				
	Knowledge of basic rules of the road																				
	Visual distress methods																				
	Meteorology																				
	Has awareness of onshore/offshore winds																				
	Effect of sailing location																				
	Beaufort scale			X					X		X	X	X					X			
	Conditions appropriate to ability and location																				

Basic Skills 2

		Imogen Beer	James Hills	Sam Johnson	Michael Larkin	Camron McFarlane	Freya Norster	Kate Saxby	Hannah Spry
PRACTICAL	**Rigging**								
	For the conditions			/					
	reefing ashore			/					
	Ropework								
	Bowline	X	X	X			X	X	X
	Clove hitch	X	X	X			X	X	X
	Rolling hitch	X	X	X			X	X	X
	Sailing techniques & manoeuvres								
	Launch & return to beach, jetty or pontoon							/	
	Come alongside a moored boat		X			X		X	/
	Sail in close company		X					X	
	Man overboard recovery								
	Is aware of lee shore dangers		/					X	
	5 Essentials Sail setting		/	/		/		X	
	Balance		X					X	
	Trim		X	/		/		X	
	Centreboard			/		/		X	
	Course made good		/	/		/		X	
	Tack (losing minimal ground)		/	/		X		X	
	Gybe (in a controlled manner)		X	/		X		X	
	Good communication when manoeuvring (2-handers)						/		/
	Understands and shows awareness of others		/	/				X	
	Sail around a short (triangular) course		X	/		X		X	
	Capsize recovery								
	Demonstrate a safe method **and know another**	X					X		X
	Racing								
	Understands the course & starting procedure		X						
THEORY	**Sailing theory**								
	Clothing & equipment personal safety								
	personal buoyancy								
	boat buoyancy								
	Launch and recover a dinghy safely								
	Store a boat correctly								
	Basic rules of the road	X	X	X		X	X	X	
	Self-reliance & basic equipment								
	Visual methods of attracting attention								
	Points of sailing		X			X			
	How a sail works	X	X	X		X		X	
	How a boat moves (basic theory)	X	X	X		X		X	
	Meteorology								
	Sources of info & interpretation		X	X			X	X	
	Beaufort wind scale								
	Understands when to reef								
	Knowledge of simple synoptic chart					X		X	X
	Coastal Waters								
	How to apply weather forecasts in coastal waters								
	Tides & tide tables		X			X			X
	Speed over the ground		X			X		X	
	Effect of wind & tide on conditions		X			X		X	
	Informing someone ashore								
	How to access local information – basic advice								