Start Sailing 1

		Oliver Bennett	Alice Bickley	Ellen Bickley	Kaitlyn Broad	Sonny Davies	Malte Gehmann	Freya Hamilton	Isabella Hall	Tom Hannigan	Sasha Hanson	Finley Hatch	Samuel Hawes	Isabel Hillier	Emma Hills	Jasper Mayne	Hannah Mills	Gregor Norster	Josh Parker	Jacob Picken	Adam Rogers	Jim Scott	Lerryn Willcox
PRACTICAL	**Rigging**																						
	Has wind awareness ashore				X			X		X							X		X				
	Knows names - of spars							X									X						
	rigging							X									X			/			
	parts of sails							X									X						
	sail controls					/		X									X	/		/			
	foils					/		X									X	/		/			
	Ropework																						
	figure of 8		X	X	X					X		X		X	X	X	X		X	/			
	round turn x 2 half-hitches				X					X		X			X	X	X		X				
	secure a rope to a cleat				X					X		X			X	X	X		X				
	Sailing techniques																						
	Has wind awareness afloat				X	X	X		/	X		/					X		X				
	reaching		X	X	/	X	X		/	/		/		X		/	X		/				/
	Stopping - hove-to		X	X	X		X	/		X	/	/		X			X		X				
	controlling speed				X	X	X			X	/	X					X		X				
	getting out of irons						X			/		/					/						
	tacking				X	X	X		/	X		/			X		X		/				/
	Sailing upwind				/	X	X			/		/			/		X		/	/			
	5 Essentials Sail setting				/	X	X			/		/			X	/	X		/	/			
	Balance				/	X	X	/	/	/		/			X		X		/	/			
	Trim				/	X	X	/		/		/			X		X		/	/			
	Centreboard				/	X	X	/		/		/			/		X		/	/			
	Course made good				/	X	X	/		/		/			/	/	X		/				
	Sailing downwind				/	X	X			/		/				X	X		/				
	gybing				/		X			/		/				X	X		/				
	Communication (2- handers)						X					/					X						
	Basic capsize recovery				X	X	X		X	X		/			X	X	X	X	X	X			X
	Launch and recovery																						
	Secure the boat on the trolley				/		/			/		X					X		/				
	Wheel boat about yard safely				/		X			/		X					X		/				
	Launch & leave the shore				/		/			/		X					X		/				/
	Land & recover the boat				/		/			/		X					X		/				
THOERY	**Sailing theory & background**																						
	Clothing & buoyancy				/												/						
	Has awareness of other water users																						
	Knowledge of basic rules of the road																						
	Visual distress methods																						
	Meteorology																						
	Has awareness of onshore/offshore winds																						
	Effect of sailing location																						
	Beaufort scale				X					X		X			X	X			X				
	Conditions appropriate to ability and location																						

Basic Skills 2

		Harry Aplin	Imogen Beer	James Hills	Sam Johnson	Michael Larkin	Finn Mcfarlane	Alice Mitchell	Freya Norster	Kate Saxby	Hannah Spry
PRACTICAL	**Rigging**										
	For the conditions			X	/						
	reefing ashore			X	/						
	Ropework										
	Bowline		X	X	X				X	X	X
	Clove hitch		X	X	X				X	X	X
	Rolling hitch		X	X	X				X	X	X
	Sailing techniques & manoeuvres										
	Launch & return to beach, jetty or pontoon			X	X					X	
	Come alongside a moored boat			X						X	/
	Sail in close company			X	/					X	
	Man overboard recovery			X						X	
	Is aware of lee shore dangers			X	/					X	
	5 Essentials Sail setting	X		X	X					X	/
	Balance	X		X	X				X	X	/
	Trim	/		X	X					X	
	Centreboard	X		X	X					X	
	Course made good	/		X	X					X	/
	Tack (losing minimal ground)	/		X	X					X	
	Gybe (in a controlled manner)	/		X	X					X	
	Good communication when manoeuvring (2-handers)			X					/	X	/
	Understands and shows awareness of others			X	/					X	
	Sail around a short (triangular) course			X	X					X	
	Capsize recovery										
	Demonstrate a safe method **and know another**		X		/				X	X	X
	Racing										
	Understands the course & starting procedure			X							
THEORY	**Sailing theory**										
	Clothing & equipment personal safety										
	personal buoyancy										
	boat buoyancy										
	Launch and recover a dinghy safely										
	Store a boat correctly										
	Basic rules of the road		X	X	X				X	X	
	Self-reliance & basic equipment										
	Visual methods of attracting attention										
	Points of sailing			X							
	How a sail works		X	X	X					X	
	How a boat moves (basic theory)		X	X	X					X	
	Meteorology										
	Sources of info & interpretation			X	X				X	X	
	Beaufort wind scale										
	Understands when to reef										
	Knowledge of simple synoptic chart									X	X
	Coastal Waters										
	How to apply weather forecasts in coastal waters										
	Tides & tide tables			X							X
	Speed over the ground			X						X	
	Effect of wind & tide on conditions			X						X	
	Informing someone ashore										
	How to access local information – basic advice										