Start Sailing 1

		Oliver Bennett	Alice Bickley	Ellen Bickley	Ellie Carpenter	Samuel Coates	Isabella Hall	Samuel Haws	Isabella Hillier	Thomas Mitchell	Danny Riches	Nev Ridge	Adam Rodgers	Imogen Weatherby	Lerryn Willcox	Annie Woock
PRACTICAL	**Rigging**															
	Has wind awareness ashore															
	Knows names - of spars			X	X	X	X	X	X	X	X	X	X	X	X	X
	rigging			X	X	X	X	X	X	X	X	X	X	X	X	X
	parts of sails			X	X	X	X	X	X	X	X	X	X	X	X	X
	sail controls			X	X	X	X	X	X	X	X	X	X	X	X	X
	foils			X	X	X	X	X	X	X	X	X	X	X	X	X
	Ropework															
	figure of 8		X	X			X		X							
	round turn x 2 half-hitches															
	secure a rope to a cleat															
	Sailing techniques															
	Has wind awareness afloat		/				/		X							
	reaching		X	X			/		X				/		/	
	Stopping - hove-to		X	X					X							
	controlling speed												/			
	getting out of irons															
	tacking		X				X		X				/		/	
	Sailing upwind		X				/		X				/			
	5 Essentials Sail setting		/						/				/			
	Balance		X				/		/							
	Trim		/						/							
	Centreboard								/							
	Course made good								/							
	Sailing downwind															
	gybing															
	Communication (2- handers)															
	Basic capsize recovery						X						/		X	
	Launch and recovery															
	Secure the boat on the trolley															
	Wheel boat about yard safely															
	Launch & leave the shore														/	
	Land & recover the boat															
THOERY	**Sailing theory & background**															
	Clothing & buoyancy															
	Has awareness of other water users															
	Knowledge of basic rules of the road			X			X	X		X	X	X	X	X		X
	Visual distress methods															
	Meteorology															
	Has awareness of onshore/offshore winds															
	Effect of sailing location															
	Beaufort scale					X	X	X	X	X	X	X	X	X	X	X
	Conditions appropriate to ability and location															

Basic Skills 2

		Kaitlin Broad	Sonny Davies	Malte Gerhmann	Tom Hannigan	Finley Hatch	Emma Hills	Jasper Mayne	Finn Mcfarlane	Hannah Mills	Alice Mitchell	Josh Parker	Jacob Picken
PRACTICAL	**Rigging**												
	For the conditions												
	reefing ashore												
	Ropework												
	Bowline												
	Clove hitch												
	Rolling hitch												
	Sailing techniques & manoeuvres												
	Launch & return to beach, jetty or pontoon												
	Come alongside a moored boat												
	Sail in close company												
	Man overboard recovery												
	Is aware of lee shore dangers												
	5 Essentials Sail setting												
	Balance												
	Trim												
	Centreboard												
	Course made good												
	Tack (losing minimal ground)												
	Gybe (in a controlled manner)												
	Good communication when manoeuvring (2-handers)												
	Understands and shows awareness of others												
	Sail around a short (triangular) course												
	Capsize recovery												
	Demonstrate a safe method **and know another**												
	Racing												
	Understands the course & starting procedure												
THEORY	**Sailing theory**												
	Clothing & equipment personal safety												
	personal buoyancy												
	boat buoyancy												
	Launch and recover a dinghy safely												
	Store a boat correctly												
	Basic rules of the road		X		X	X	X	X	X	X		X	X
	Self-reliance & basic equipment												
	Visual methods of attracting attention												
	Points of sailing					X	X	X	X	X	X		X
	How a sail works												
	How a boat moves (basic theory)		X		X	X	X	X	X	X		X	X
	Meteorology												
	Sources of info & interpretation												
	Beaufort wind scale												
	Understands when to reef												
	Knowledge of simple synoptic chart												
	Coastal Waters												
	How to apply weather forecasts in coastal waters												
	Tides & tide tables												
	Speed over the ground		X		X		X	X			X	X	
	Effect of wind & tide on conditions		X		X		X	X			X	X	
	Informing someone ashore												
	How to access local information – basic advice												